

Contents

Foreword by J. C. McDaniel.....	xi
Preface and Acknowledgments.....	xiii
Introduction: The Persimmon Story.....	1
About Persimmons and this book.....	1
What they are and where they are from.....	1
The dual-purpose Persimmon tree.....	3
Evolution of Persimmon cookery.....	4
Persimmon cookery.....	6
Nutritional value.....	9
Buying and harvesting.....	9
Paring and peeling.....	10
Pulping.....	10
Astringency.....	12
Hybridizing.....	16
American cultivars and bibliographical references.....	19
Culinary uses of persimmons.....	23
Appetizers.....	23
Soups.....	25
Salads and salad dressings.....	26
Entrees.....	36
Breads.....	38
Cakes, fillings, and frostings.....	44
Cookies.....	47
Pies and pastries.....	49
Beverages.....	56
Frozen desserts.....	60
Unfrozen desserts and dessert sauces.....	67
Puddings.....	78
Gravies.....	89
Preserves, jams, marmalades and chutney.....	93
Miscellaneous recipes.....	96
Epilogue.....	100
List of recipes by category.....	105
Modern Persimmons for the Home Grower and Fruit Breeder, by J. C. McDaniel.....	111
Persimmons for Various Regions, by J. C. McDaniel.....	113
Persimmon Propagation, by J. C. McDaniel.....	119